

Story Ideas



Another Good Reason To Keep Your Daughter Active

Frequent exercise confers many health benefits for mothers and daughters alike. Now there may be one more. Recent research shows that maintaining a healthy weight before puberty and throughout life may help girls reduce their risk of breast cancer.

Minimizing BPA and Phthalates in Your Daughter's Life

Though more research is needed, scientists suspect that exposure to certain chemicals early in life may increase the risk of developing breast cancer later on. Here are practical choices you can make that will help limit your daughter's exposure.

A Mother's Checklist

Steps you can take now may lower your daughter's risk of developing breast cancer later in life. Here's a simple checklist of things that you can do.

Breast Cancer and the Environment Research: What's Next?

Scientists participating in the Breast Cancer and the Environment Research Program have made great progress. With continued study, scientists will be exploring additional environmental chemicals and biomarkers, the combined effects of multiple environmental exposures on women's health, the effect of body fat distribution on the risk of breast cancer, and genetic patterns that lead to the earlier onset of puberty. Together these studies may help to confirm what environmental factors affect women's health and the risk of developing breast cancer.

A Public-Private Partnership Begins to Pay Off

Breast cancer is a complex disease. The Breast Cancer and the Environment Research Program is a unique initiative to stimulate research in breast cancer and to gain the benefits of coordination between government, academia, and community partners.

Made possible by the Breast Cancer and the Environment Research Program (BCERP) grants U01 ES012770, U01 ES012771, U01 ES012800, U01 ES012801, U01 ES019453, U01 ES019435, U01 ES019454, U01 ES019457, U01 ES019471, U01 ES019466, U01 ES019434, U01 ES019480, U01 ES019482, U01 ES019459, U01 ES019472, and U01 ES019458 from the National Institute of Environmental Health Sciences (NIEHS) and the National Cancer Institute (NCI), NIH, DHHS.