

pocket guide tips for
growing up **green &
healthy**

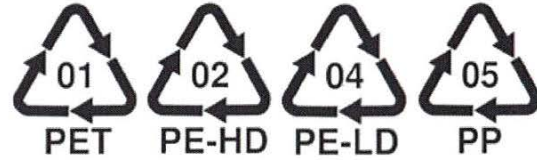
tip → Find **plastic** 
products labelled BPA-free.

BPA (Bisphenol A) is a chemical associated with problems in children's growth and development.

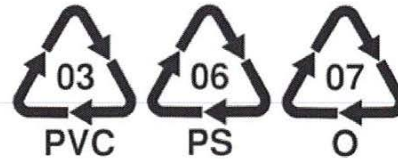


Mount Sinai *Children's Environmental Health Center*

 **Use safer plastics,**
labelled 1, 2, 4, and 5.



 **Avoid plastics** labelled
3, 6, and 7.



The pocket guides are produced by the
Mount Sinai Children's Environmental Health Center.

www.cehcenter.org